

## MEDICAL HISTORY QUESTIONNAIRE: SLEEP APNEA

Client Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Gender: ☐ Male ☐ Female Height: \_\_\_\_\_ Weight: \_\_\_\_\_  
Tobacco Usage: \_\_\_\_\_ Coverage Information: \_\_\_\_\_  
☐ Never Type: ☐ Term ☐ UL ☐ IUL  
☐ Former Date Stopped: \_\_\_\_\_ ☐ WL ☐ VUL ☐ Survivorship  
☐ Current Type: \_\_\_\_\_ Face Amount: \_\_\_\_\_  
Premium Tolerance: \_\_\_\_\_

| Proposed Insured's Existing Insurance |             |             |                      |
|---------------------------------------|-------------|-------------|----------------------|
| Insurance Company                     | Face Amount | Year Issued | Replacement (Yes/No) |
|                                       |             |             |                      |
|                                       |             |             |                      |
|                                       |             |             |                      |

1. Date of diagnosis: \_\_\_\_\_  
2. Was the sleep apnea diagnosed as:  
☐ Obstructive ☐ Central ☐ Mixed ☐ Unknown  
3. What severity as determined by the sleep study? ☐ Mild ☐ Moderate ☐ Severe  
4. How is the sleep apnea being treated?  
☐ Observation alone ☐ Weight Loss ☐ Oral Appliance ☐ Inspire Implant  
☐ CPAP / BiPAP / APAP machine. Are you compliant with nightly use (> 4 hours) ☐ Yes ☐ No  
☐ Surgery: Date of surgery and type (i.e. uvulopalatopharyngoplasty (UPPP), tracheostomy, etc.)  
☐ Other: Please give details: \_\_\_\_\_

5. If treatment was surgery, oral appliance, weight loss or another therapy aside from CPAP or Inspire therapies, has a repeat sleep study been completed to confirm the sleep apnea has been corrected? ☐ Yes ☐ No

6. Has the client had any of the following?  
☐ Arrhythmia ☐ Chest pain or CAD? ☐ Depression ☐ Lung Disease ☐ Hypertension  
☐ Require supplemental Oxygen

7. Please list current medications (including inhalers):

| Name of Medication | Dosage | Reason |
|--------------------|--------|--------|
|                    |        |        |
|                    |        |        |
|                    |        |        |

8. Are there any other health issues? (Additional Questionnaires may be required) ☐ No ☐ Yes

If yes, please provide details: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_